



Centre for Effective Practice

Best Evidence • Best Practices • Better Health

Low Back Pain Edition

Summer 2013

Highlights

Complete the NEW online Mainpro-M1 accredited Low Back Pain Course!

Launch of our *In The Know*: Interactive Video Series on Low Back Pain.

Announcing the NEW online Mainpro-M1 accredited Low Back Pain course!

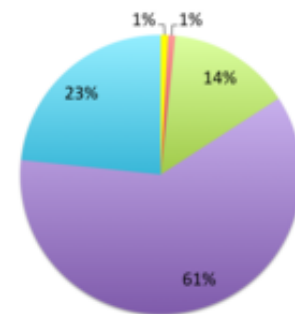


- Improve your assessment and management of Low Back Pain.
 - Course open to all providers in both English and French.
 - Learn from leading faculty Dr. Julia Alleyne and Dr. Hamilton Hall.
- Learn how to use the CORE Back Tool in your practice.

Low Back Pain In-Person Course Feedback

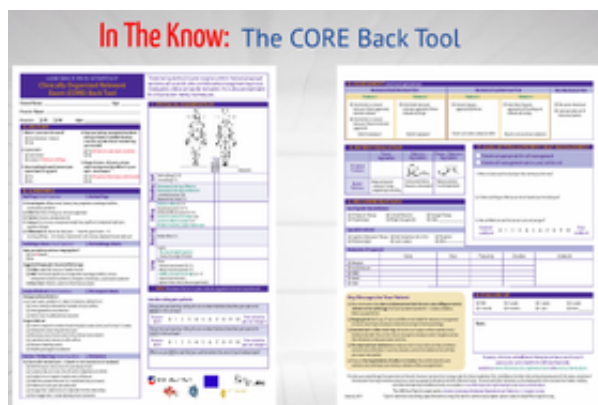
"Great course for review and organization of a common clinical problem."

Overall comfort level using CORE Back Tool following course completion (1 = very uncomfortable, 5 = very comfortable):



■ 1 ■ 2 ■ 3 ■ 4 ■ 5

NEW *In The Know*: Interactive Video Series



Exciting CEP Update

The Centre for Effective Practice and partners have submitted a CIHR grant to continue its Low Back Pain dissemination efforts. Stay tuned!

CEP presents the first two videos of the new *In The Know*:
Interactive Video Series.

These videos will take you step-by-step through the features of
the new Low Back Pain [CORE Back Tool](#) and [Patient Self-
Management Tool](#) with narration from Dr. Julia Alleyne.

Make sure to check out our upcoming fall newsletter for more
In The Know interactive videos!

Upcoming Conferences:

[Registration now open for the 2013 Family Medicine Forum!](#)

Date: November 7th - 9th, 2013

CEP will be presenting on the CORE Back Tool and hosting a
workshop on Low Back Pain with Dr. Julia Alleyne and Dr.
Hamilton Hall.

Don't miss this opportunity to earn Mainpro-M1 credits!

Article: Worsening Trends in the Management and Treatment of Low Back Pain

The authors evaluate
recent national trends in
guideline adherence of
spine-related care.

[Click here to read their
findings!](#)

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