

Winter 2019 Newsletter



Clinically Speaking



Introducing Clinically Speaking, a mini-podcast series, co-hosted by Dr. Jamie Meuser and Christine Paposhek, that unpacks the past, present and future of evidence-based medicine.

Episodes with new interviewees such as Dr. Gord Guyatt, Dr. Mike Allan, Dr. Jan Hux, Dr. Elia Abi-Jaude, Dr. Nav Persaud and Dr. Onil Bhattacharyya will be available every three weeks. These academics, clinical experts and practitioners share their thought-provoking insights and controversies on how evidence could and should be used to guide optimal care.

Ep. 1: What has shaped evidence-based medicine?

Dr. Gord Guyatt, one of the founders of the evidence-based medicine movement, provides an overview of the forces and factors that stimulated the birth of evidence-based medicine and have influenced its development. Listen now.

Need to know



Academic detailing on managing care for patients with opioid use disorder is now available!

Educational outreach visits are now available on opioid use disorder (OUD) through our academic detailing service. These one-on-one visits are conducted by pharmacists for family physicians. They are flexible and tailored for providers, and we offer a new visit topic each season.

Our academic detailers have completed their comprehensive training on the latest topic and are out in the field informing family physicians of the latest, balanced clinical evidence on managing care for patients living with OUD. Sign up for a free visit from a detailer.

NEW: Opioid Use Disorder Tool

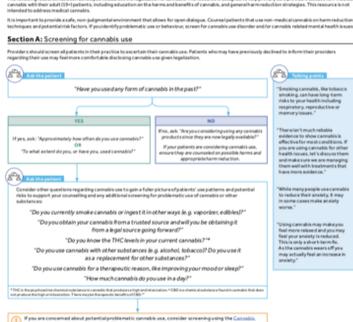
We heard from primary care providers about the challenges associated with opioid agonist therapy, so we created the Opioid Use Disorder (OUD) Tool to walk primary care providers through screening, diagnosing, treating and communicating with patients who have, or are at risk of developing, OUD. Access the tool.



NEW: Non-Medical Cannabis Resource

We launched the Non-Medical Cannabis Resource to help providers prepare for the new legislation on recreational cannabis.

This resource outlines an approach for detecting, discussing and managing its potential harms or benefits to help patients make informed decisions about initiating or continuing cannabis use. Access the resource.



UPDATED: Preconception Health Care Tool and EMR form

The Preconception Tool now includes updated information such as new preventative measures for travel and other details. Access the tool and EMR form.

Final chance to fill out the needs assessment survey!

Every year, we ask providers to tell us their opinions about topics for future tools and resources. If you're a family physician or primary care nurse practitioner, fill out this 5 minute survey to have your say on what topics are selected.

Out and about

Making appearances at conferences, working group sessions and other events (click on the photos for more details). Expect to see us at Pri-Med on May 8 to 11 this year!



Get involved

Usability and focus groups

We invite family physicians and primary care nurse to participate in the following focus group sessions:

- Care of the Elderly: Benzodiazepines Use in Older Adults - Feb. 14, from 12 to 1 p.m.
Adult Depression - Feb. 28, from 12 to 1 p.m.

If you're interested, please email ux@cep.health.

Through the sessions, providers click in and give their thoughts on the projects and topics we're working on. Sign up for future sessions.

iDynaform pilot study

We're seeking Ontario providers to participate in a pilot project and test the Cardiovascular iDynaForm Tool in OSCAR EMR. Contact annie.petrie@figgssoft.com for a demo.

Double take

In case you missed it the first time around.

Combating the opioid crisis one doctor at a time

The Washington Post

"The message is not: 'Don't use opioids,'" Bains said, after quizzing Michael Lyons on when he would consider using narcotics to treat pain. "It's . . . be cautious. Use immediate-release and not necessarily long-acting drugs. Short course of treatment."

About the CEP. The Centre for Effective Practice is one of the largest independent knowledge translation organizations for primary care in Canada. It brings together knowledge, evidence, expertise and resources to ensure frontline providers have the information they need to deliver high quality care and improve patients' health outcomes.

Share this email:



Manage your preferences | Opt out using TrueRemove®

Got this as a forward? Sign up to receive our future emails.

View this email online.

400 University Avenue Suite 2100 Toronto, ON | M5G 1S5 CA

This email was sent to .

To continue receiving our emails, add us to your address book.

